

- ADH causes collecting ducts of tubules to become more permeable to water
- more water reabsorbed into blood
- blood becomes more dilute, its concentration returns to normal

- negative feedback involves a change in the body that is detected and starts a process to return conditions to normal
- this is negative feedback because an increase in blood concentration is detected, action of ADH returns blood concentration to normal.
- a Before the water was drunk, the volume of urine collected was about 80 cm³. After drinking the water, the volume increased, reaching a peak of about 320 cm³ after 60 min. After this, the volume decreased, until it reached the volume produced before drinking the water at about 180 min.
 - b At 60 minutes, the concentration of ADH in the blood was low. This made the collecting ducts of the kidney tubules less permeable to water, so less water was reabsorbed into the blood and more was excreted in the urine, forming a large volume of urine. By 120 minutes, the secretion of ADH had increased, causing the collecting ducts to become more permeable, so that more water was reabsorbed into the blood and less entered the urine.
 - The volume would be less. More water would be lost in sweating, so less would be in the blood for production of urine.
 - **d** 150 cm^3 is produced in 30 minutes, which is $150 \div 30 = 5 \text{ cm}^3$ per minute.
 - the filtration rate is 125 cm³ per minute
 - therefore 120 cm³ is reabsorbed per minute
 - so the percentage reabsorption is: (120/125) × 100 = 96%.

	Changes taking place	Hot environment	Cold environment
	(sweating)	increased sweat production so that evaporation of more sweat removes more heat from the skin	decreased sweat production so that evaporation of less sweat removes less heat from the skin
	(blood flow through capillary loops)	vasodilation increases blood flow through surface capillaries so that more heat is radiated from the skin	(vasoconstriction decreases blood flow through surface capillaries so that less heat is radiated from the skin)
	(hairs in skin)	hairs lie flat due to relaxed muscles, trapping less air next to the skin	hairs are pulled erect by muscles, trapping a layer of insulating air next to the skin
	(shivering)	no shivering occurs	shivering occurs; respiration in muscles generates heat
	(metabolism)	metabolism slows down, e.g. in organs such as the liver, reducing heat production.	metabolism speeds up, e.g. in organs such as the liver, generating heat.